



# HIV & Oral Health: Short Talks #2

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# Presenter & Acknowledgements

- Mark Schweizer, DDS, MPH
- No financial relationships with commercial entities to disclose
- This slide set has been peer-reviewed to ensure that there are no conflicts of interest represented in the presentation

# Learning Objectives

By the end of this session, the learner will be able to:

- Discuss how to help patient prepare for their dental visit.
- Describe, what patients expect at their first dental
- Discuss how to address fear for dental patients

# First Dental Visit – What Should Be Done

- Confirm the appointment. Before anything, make sure they have all the right information
- Let the patient know what they are coming for
- Ask them to come 15 minutes early
- Explain your office policies
- Tell them what information to bring
- Be open, honest and show patience

# What should the patients expect at their dental appointment?

- Treat patients with courtesy, respect, and openness.
- You might ask the patient to rinse and wash their hands before they are seated.
- Take the blood pressure and pulse
- Give the patient an opportunity to ask a few questions and respond in an honest and open manner
- Take a thorough medical, dental, and social history
- Conduct a thorough intraoral and extraoral exams
- Radiographs/x-rays
- An examination of their teeth and gums

Don't forget to ask their short and long-term goals.

## IMPORTANT-ASK QUESTIONS

# The Plan of Care

**Here are the main elements of a treatment plan.**

- Diagnostic Summary
- Problem List
- Goals
- Objectives
- Interventions
- Tracking and Evaluating Progress
- Planning Long-Term Care

# Dental Fear and Anxiety

- Dental anxiety is common, but there are ways to help you manage it.
- Dental phobia is less common, and your dentist might need to work with your doctor and other health professionals to manage it.





# THANK YOU FOR ATTENDING!

