

PrEP and Older Adults – Is It Needed?



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The Risk



**WHEN IT COMES TO SEX...
AGE IS NOT A CONDOM**

Talk to your doctor about your sex life.
Learn more. Be safe. Get tested.
NYS 800-541-AIDS NYC 800-TALK-HIV
800-541-2437 800-825-5448

ageisnotacondom.org



acria

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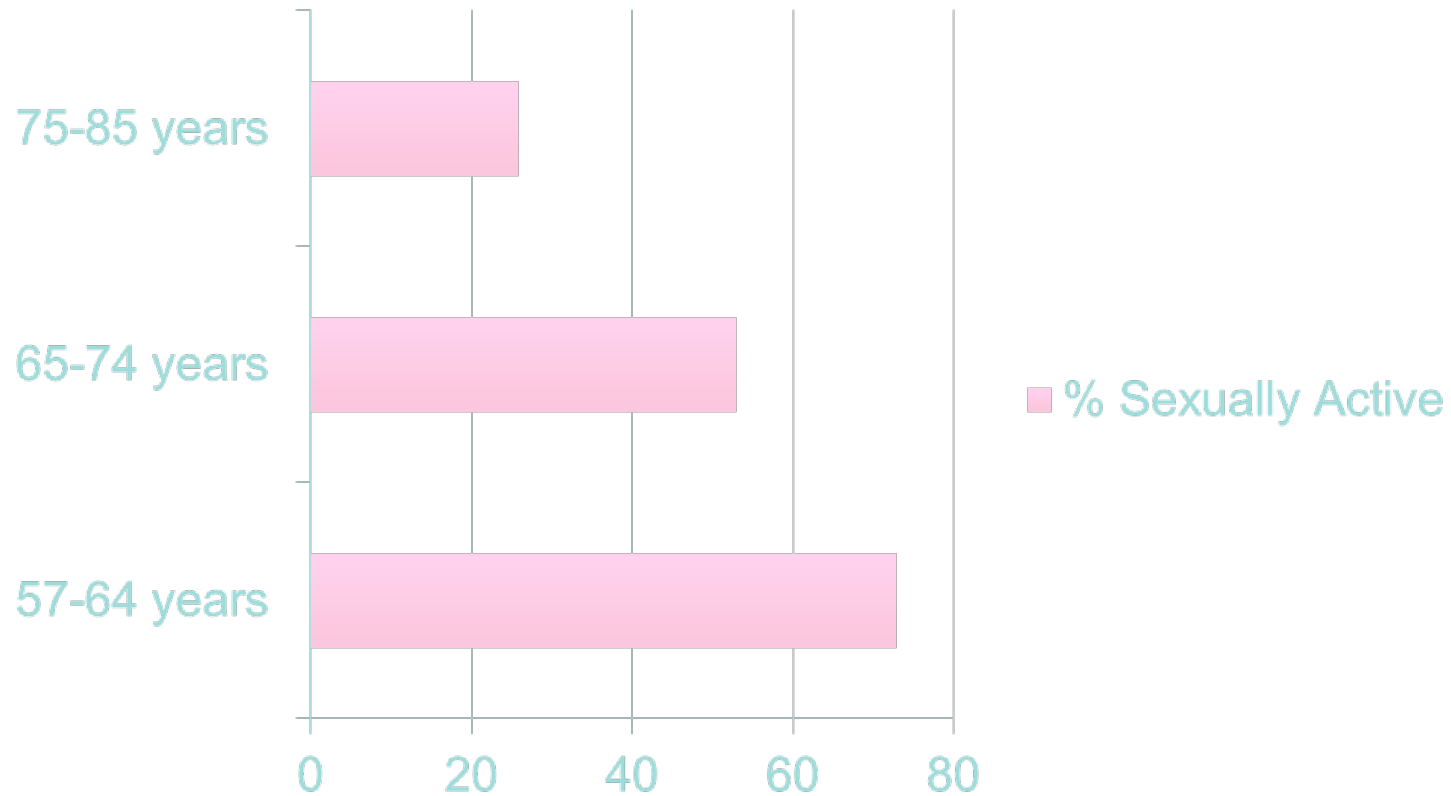
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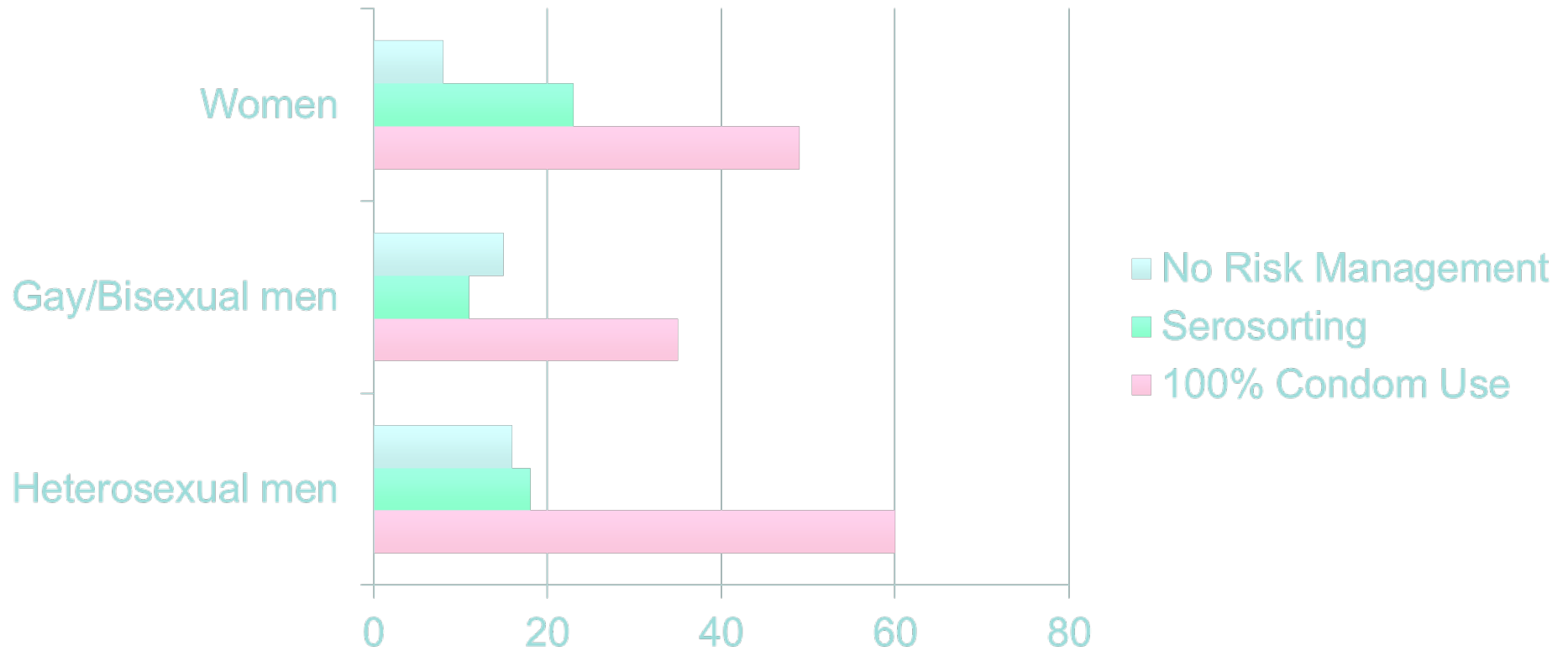
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Who is at risk?



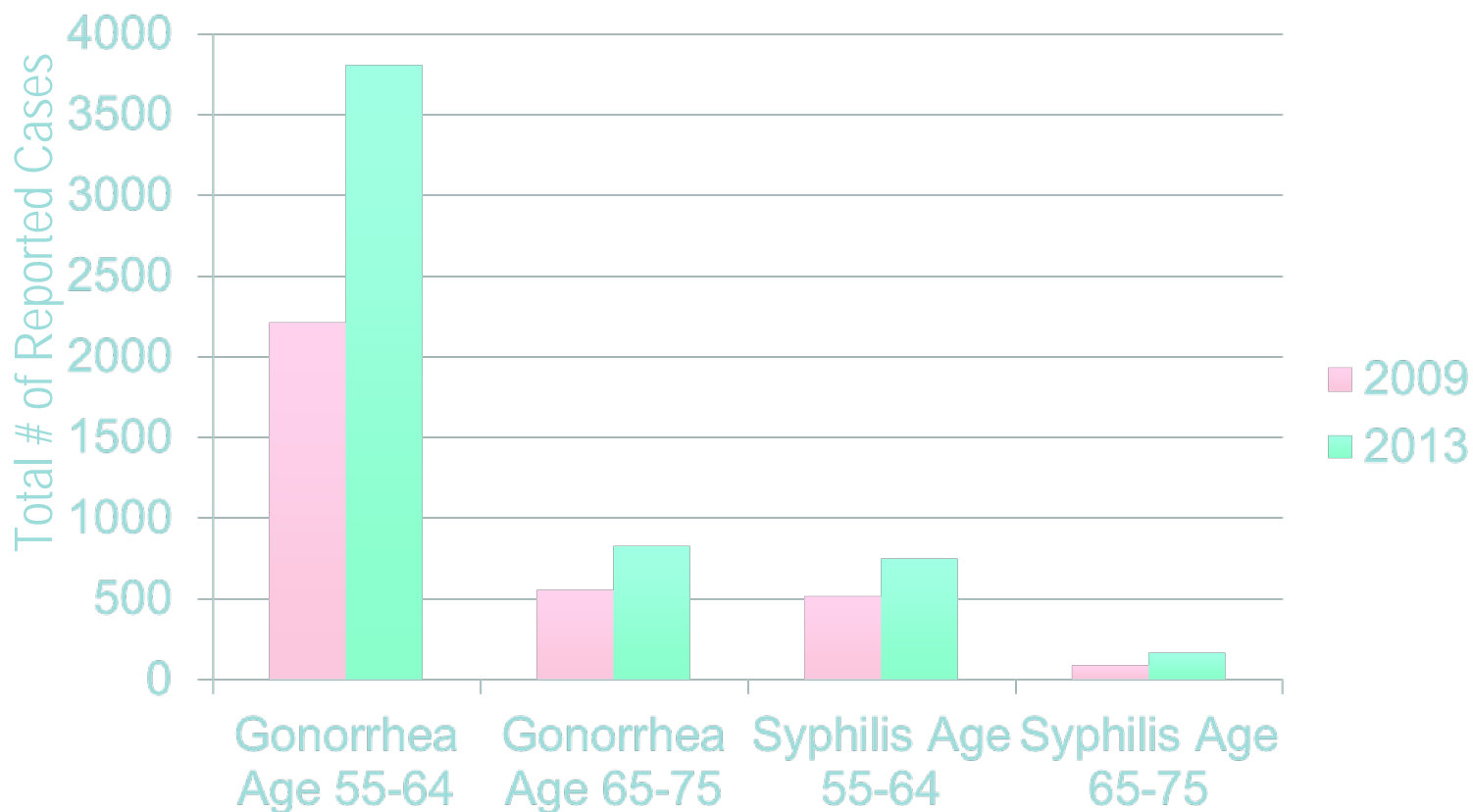
Brooks JT, et. al. American Journal of Public Health. 2013; 102:1516-1525.
Meditz A et al. Journal of Acquired Immune Deficiency Syndrome. 2012; 59:221-118.

Risk Management Strategies

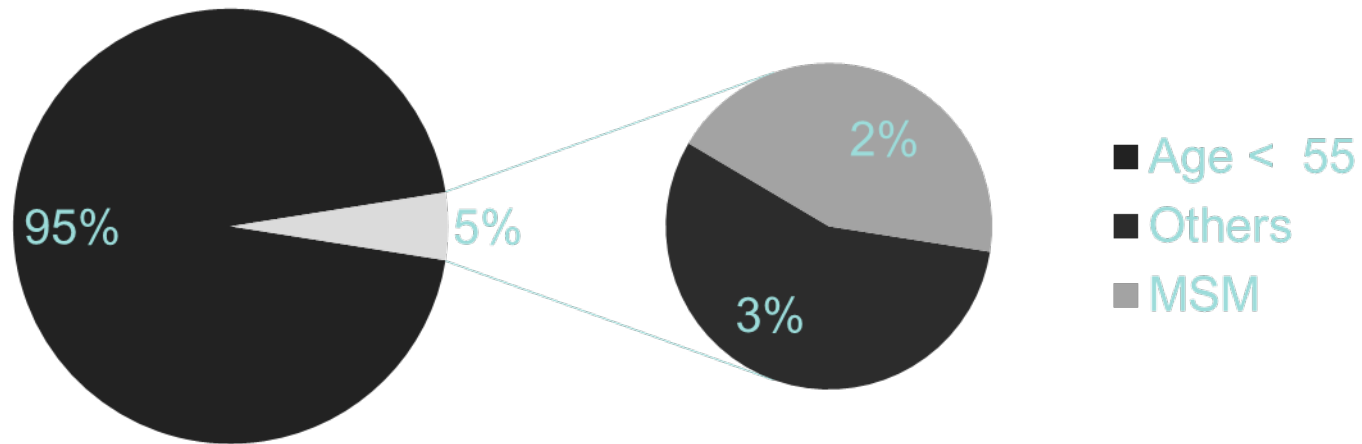


Golub S.A., et al. Sexually Transmitted Diseases 2010; 37:615-620.

STIs in Older Adults



HIV Cases Reported to CDC - 2010



CDC, 2013, HIV Among Older Americans. Available at: http://www.cdc.gov/hiv/pdf/library_factsheet_HIV_%20AmongOlderAmericans.pdf, Accessed 6 March 2015.



PrEP – Needed for Older Adults?

- ✦ PrEP is effective for prevention of HIV transmission
- ✦ PrEP is recommended for persons who engage in risk behavior associated with HIV transmission
- ✦ STIs serve as a marker for risky behaviors
- ✦ Older people have sex
- ✦ PrEP is one of several HIV transmission risk-reduction methods

Sexual Counseling for Older Adults

- ✦ Talk about sex with older adults
- ✦ Identify who is at risk
 - ✦ Offer STI screening, including HIV
- ✦ Counsel about risk-reduction methods
 - ✦ Barrier protection
 - ✦ Serosorting
 - ✦ HIV suppression for seropositive partner
 - ✦ Low risk sexual practices
 - ✦ PrEP

PrEP Guidelines



- ✦ US Public Health Service PrEP for the prevention of HIV infection in the US – A Clinical Practice Guideline:
<http://www.cdc.gov/hiv/pdf/PrEPguidelines2014.pdf>
- ✦ Medication Assistance Program and Co-Pay Programs for PrEP:
<http://fairpricingcoalition.org/medication-assistance-program-and-co-pay-programs-for-prep/>