

CONGRATULATIONS!

You are a leader in ending

Hep C

You are Hep C FREE!

Re-infection can occur **IF YOU ARE NOT CAREFUL.** To avoid re-infection and to stay healthy, it is important that you:

- ✓ **DO** continue to see your healthcare provider(s) on a regular basis and discuss risks for re-infection (i.e., new sexual partner or recent drug use)
- ✓ **DO** continue taking your HIV medication(s)
- ✓ **DO** continue seeing your mental health or substance use recovery providers
- ✓ **DO** use condoms for anal and vaginal sex to avoid infection with hepatitis C or other sexually transmitted infections
- ✓ **DO NOT** share needles, syringes, straws, or other equipment to inject or sniff drugs
- ✓ **DO NOT** share another person's razors or toothbrushes since they may spread hepatitis C
- ✓ **DO NOT** get a tattoo and/or piercing from an unregulated person or place (the ink and/or needles may be contaminated with hepatitis C)

