

**“ABCs” of Title X
National Family Planning
Program Regional Training
Centers**

**Susan B. Moskosky MS, RNC
Director
Office of Family Planning/
Office of Population Affairs
US Department of
Health and Human Services
May 28-30, 2008**

Office of Population Affairs (OPA)

Purpose



- Focal point for the department on reproductive health issues (*e.g, family planning, adolescent pregnancy, etc.*)

Office of Population Affairs

(OPA)

Two Programs



OFP - Office of Family Planning

Susan Moskosky, Director

OAPP - Office of Adolescent

Pregnancy Programs

Johanna Nestor, Director



Office of Family Planning (*OFP*)

Title X of the PHS Act

Five Major Provisions of the Law

- Sec. 1001 FP Services
- **Sec. 1003 Training**
- Sec. 1004 Research
- Sec. 1005 Information & Education
Materials
- Sec. 1008 Prohibition of Abortion

Title X Family Planning Services National Perspective 2006

- **88 service grantees**
 - **57% of grantees are State, Territorial, Tribal, County, or Local Health Agencies**
 - **Remainder are universities and community-based not for profit agencies**
 - **More than 4,480 clinics in network**
 - **In the 50 United States, DC and eight U.S. Territories and Jurisdictions.**

FPAR Results 2006 – A National Picture

- 4,994,278 family planning users served (95% Female)
 - Racial and/or Ethnic Minority – 35%
 - 90 percent \leq 200% FPL
 - 58 percent 24 younger
- Pap Tests – 2.4 million
 - 10% Abnormal (ASC or higher result)
- HIV Tests – 652,426

Scope of Title X Services

- Voluntary
- Confidential - (State laws regarding reporting must be followed)
- Priority low income – no charge for services for individuals from low income families ($\leq 100\%$ FPL); sliding fee schedule between 101 – 250% FPL
- Any individual desiring services
- Under the direction of a physician with training or experience in FP

Scope of Title X Services

- Broad Range of Acceptable and Effective FP services
 - Education and counseling related to FP
 - Physical Exam and clinical procedures as indicated for method
 - Laboratory tests as indicated for method
 - Contraceptive method
 - Level 1 Infertility services

Scope of Title X Services

- Related Preventive Health Services
 - HIV Prevention Education
 - Breast and Cervical Cancer Screening
 - Lab screening for prevention
 - lipids, Hepatitis B testing, urinalysis, anemia screening, etc.
 - STD Testing and Treatment
 - HIV Counseling, Testing and Referral
 - Referral and Follow-up

Legislative Mandates

- Encouraging family participation in the decision of minors to seek family planning services
- Providing counseling to minors on how to resist attempts to coerce minors into engaging in sexual activities
- Complying with State laws requiring the notification or reporting of child abuse, child molestation, sexual abuse, rape, or incest

Section 1003 - Training

- Authorizes the Secretary to make grants and enter into contracts with public or nonprofit private entities and individuals to provide the training for personnel to carry out family planning service programs described in Section 1001

Section 1003 - Training

- 10 General Regional Training Center Grants – one in each PHS Region
- Male Training Grant – provides training to enhance the capacity of service projects to provide family planning and related preventive health services to males
- Clinical Training Center
- National Training Center

Regional Training Centers

- One in each PHS Region –

Region I – JSI (Boston)

(CT, ME, MA, NH, RI, VT)

Region II – Cicatelli Associates (New York) – (NY, NJ, PR, VI)

Region III – Training 3 (Philadelphia)

(DE, DC, MD, PA, VA, WV)

Region IV – Emory University (Atlanta)

(GA, KY, MS, NC, SC, TN, AL, FL)

Regional Training Centers

Region V – MPRES (Milwaukee)

(IL, IN, MI, MN, OH, WI)

Region VI – Center for Health Training (Austin)

(TX, AR, LA, NM, OK)

Region VII – Development Systems, Inc.

(Kansas City) (MO, IA, NE, KS)

Region VIII – JSI (Denver)

(CO, MT, ND, SD, UT, WY)

Regional Training Centers

Region IX – Center for Health Training
(Oakland, CA) - (AZ, CA, HI, NV, six U.S.
Associated Pacific jurisdictions)

Region X – Center for Health Training (Seattle,
WA) – (AK, ID, OR, WA)

RTCs

- Average annual funding - \$400,000 each RTC
- Scope of Training
 - Information, Education, and Communication
 - Program Management
 - Clinical Activities
 - Specialized Technical Assistance
- Evaluation
 - Including strategies for evaluating long-term outcomes

RTCS

- Required to coordinate training activities with other HHS-funded training programs, e.g.,
 - HRSA AETCs
 - CDC PTCs
 - SAMHSA ATTCs
 - Infant Adoption Awareness Training Program (IAATP) Grantees

Office of Family Planning (*OFP*)

Examples of Training Topics

- ⚡ Integration of HIV Prevention Services
- ⚡ Updating HIV CTR Training for all Providers
- ⚡ Male Services
- ⚡ Prevention of Family and Intimate Partner Violence
- ⚡ Abstinence Education
- ⚡ Adoption Awareness

RTC Impact

- Examples of training topics
 - *HIV rapid Testing*
 - *Enhanced FP Services for Males*
 - *Child Sexual Abuse Prevention*
 - *Client-Centered Care*
 - *Clinic Efficiency*
 - *Working With Teens/Youth Development*
 - *Contraceptive Update*
 - *STD/HIV topics*

History of HIV Activities with RTCs

- **1988** - OPA provides supplemental funds to RTCs for integration of HIV training activities through MOU with CDC - limited scope
- **1995** - Cooperative Agreement between CDC and RTCs (includes HIV prevention integration training)

HIV Activities and RTCs

- **2001** - OPA receives MAI funds – competitive, supplemental grants to existing Title X grantees for 34 projects to enhance or expand HIV prevention services

HIV Training and RTCs

- **2001** - OPA awards supplemental funding to RTCs to conduct comprehensive HIV training needs assessment leading to focused, targeted training for all providers around identified Regional needs for training around HIV prevention – that training continues

Integration of HIV Prevention and Testing- 3rd Cycle of Supplemental HIV Grants (9/07- 10/10)



- Increase in Funding
 - \$ 7 million Minority AIDS Funds
 - \$ 3.8 million + Title X Appropriation =
 - \$ 10.3 million
 - 77 projects funded – At least one in each PHS Region
 - 10 projects in Region IV
 - 30 of the 77 are new; 47 are established

3rd Cycle of Supplemental Grants - Requirements



- Project activities required to incorporate cultural competency, age appropriateness, and linguistic and educational appropriateness
- Projects required to have linkages with community based agencies providing HIV-related health and social services
- Providers trained according to local requirements or the most current CDC counseling and testing guidelines
- Projects required to implement 2006 CDC Recommendations for HIV Testing in Health Care Settings

RTC Role in HIV Prevention

- RTCs play vital role in Annual training meeting for HIV supplemental grantees and projects
- Regional Training priorities include training on HIV prevention for ALL Title X service grantees as part of the OPA memorandum of understanding with the PHS Regional Health Administrators



• Questions