Studies show significant correlations between HIV and mood disorders, primarily anxiety and depression.

* Of patients retained in HIV primary care who had a positive mental health screening and were referred for diagnosis and treatment

DEPRESSION: 75%
ANXIETY: 70%
POST TRAUMATIC STRESS DISORDER (PTSD): 80%

Approximately 1 in 5 who screened positive were not already in treatment

Proposed Treatment Cascade for Depression among People Living with HIV (PLWH)

150,000
100,000
50,000
0

- PLWH in U.S. (1)
- PLWH in U.S. w/HIV diagnosis (3)
- PLWH screened for depression in 2011 (4)
- Depressive disorder (DD) incidence among PLWH in U.S. (5)
- Diagnosed w/DD (6)
- Treated for DD (7)

WHAT MORE CAN BE DONE?
Within your HIV care program:

1. Provide annual screening using a validated screening tool for all PLWH.
2. For a positive screen, link to a mental health professional for diagnosis and treatment.
3. Provide treatment plan support.
4. And follow-up.

LEARN MORE

The AIDS Education & Training Center (AETC) Program provides FRS in HIV/AIDS for professionals who work with PLWH to improve health outcomes and quality of life. Visit www.aidseducation.org for more information.

Online Resources

2. National Institute on Aging, National Institutes of Health, Bethesda, Maryland.
5. National Library of Medicine, National Institutes of Health, Bethesda, Maryland.
7. Public Health Reports, Washington, D.C.
8. US Department of Health and Human Services, Washington, D.C.

References


* Approximately 1 in 5 who screened positive were not already in treatment.