

Studies show significant correlations between HIV and mood disorders, primarily anxiety and depression.

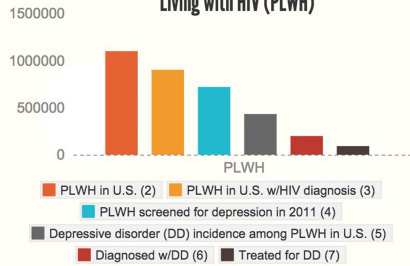
* Of patients retained in HIV primary care who had a positive mental health screening and were referred for diagnosis and treatment¹



Approximately 1 in 5 who screened positive were not already in treatment

* Based on the most recent HIVQUAL US Annual Data Report (2011) from eligible patients (HIV+, 13 and older) who had at least 2 HIV primary care visits in the reporting year, with at least 1 visit in each half of the year (Jan 1-June 30, and July 1-Dec 31).

Proposed Treatment Cascade for Depression among People Living with HIV (PLWH)



Depression & anxiety leads to:

nonadherence to antiretroviral therapy and routine medical care

increased risk for substance use disorders

inconsistent use of condoms and other risky behaviors^{8,9}

WHAT MORE CAN BE DONE?

Within your HIV care program,

1. provide annual screening using a validated screening tool for all PLWH,
2. for a positive screen, link to a mental health professional for diagnosis and treatment,
3. provide treatment plan support,
4. and follow-up.

LEARN MORE

The AIDS Education & Training Center (AETC) Program provides FREE in-person, online and distance-based education and capacity-building support to hospitals, clinics, mental health facilities, community health centers and other healthcare sites to improve the care and treatment of PLWH in the U.S. Visit the AETC National Resource Center website for current clinical resources & program training tools, or to contact an AETC site in your area for assistance tailored to your needs. www.aetccenter.org



Online Resources

Health Resources & Services Administration. Guide for HIV/AIDS Clinical Care: Major Depression and Other Depressive Disorders - <http://aetccenter.org/resource/ncg-guide-hiv-aids-clinical-care>

Shardorfer. Should We Conceptualize Major Depression a Medical Comorbidity of HIV Infection? - <http://aetccenter.org/blog/should-we-conceptualize-major-depression-medical-comorbidity-hiv-infection>

AIDS.gov. Mental Health - <http://aids.gov/hiv-aids-basics/keeping-healthy-with-hiv-aids/taking-care-of-yourself/mental-health/>

U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration. HIV, AIDS & Viral Hepatitis - <http://www.samhsa.gov/hiv>

U.S. Department of Veterans Affairs. HIV/AIDS/Depression Provider Manual - <http://www.hiv.va.gov/provider/manual-primary-care/depression.asp#54X>

Penn Mental Health. AIDS Research Center (PHARAC) - <http://www.med.upenn.edu/pharac/>

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The AETC Program is administered by the Health Resources and Services Administration, HIV/AIDS Bureau (HRSA) and is the training arm of the Ryan White Program.

