



## PHQ-9 Scores and Proposed Treatment Actions \*

Score	Severity	Proposed Treatment Actions
<b>0-4</b>	None-minimal	None
<b>5-9</b>	Mild	Watchful waiting; repeat PHQ-9 at follow-up
<b>10-14</b>	Moderate	Treatment plan, considering counseling, follow-up and/or pharmacotherapy
<b>15-19</b>	Moderately Severe	Active treatment with pharmacotherapy and/or psychotherapy
<b>20-27</b>	Severe	Immediate initiation of pharmacotherapy and, if severe impairment or poor response to therapy, expedited referral to a mental health specialist for psychotherapy and/or collaborative management

\* From Kroenke K, Spitzer RL, Psychiatric Annals 2002;32:509-521