

Recommended HIV Care and Prevention Resources for Youth

For Youth Providers

Guidelines for the Use of Antiretroviral Agents in Adults and Adolescents Living with HIV (HIV.gov)¹

These guidelines from the National Institute of Health and Department of Health and Human Services are always a go to resource for clinicians. This section was revised in 2020 and the updated version isn't yet posted on the website.

Pacific AETC HIV Essentials and Quick HIV Clinical Guides on HIV testing, PEP/PrEP, rapid ART and HIV primary care²

These Clinical Guides are a great quick reference for primary care providers on HIV care and prevention treatment. The guides are currently being updated to include new HIV care and treatment medications.

PrEP Provide Quick Reference Guide³

Developed by Ezra Bisom-Rapp for UCSF Benioff Children's Hospital adolescent medicine providers.

<u>Denver Public Health – Center for Positive Health</u>⁴

The Center for Positive Health offers primary care services and treatment to people living with HIV in the Denver Area.

<u>UCSF Benioff Children's Hospital – Oakland, HIV Program⁵</u>

Serving the East Bay Area, The Pediatric HIV & AIDS Program (PHAP) at UCSF Benioff Children's Hospital Oakland provides comprehensive, state-of-the-art medical care and treatment for children with known or suspected HIV infection, AIDS, and AIDS-related symptoms.

What Works for Youth HIV⁶

Capacity Building Assistance (CBA) provider from a previous CDC funding cycle. Although the cycle has ended, there are still valuable resources on strategies for HIV care and prevention with Youth. Site will be active until June 2021.

¹ https://clinicalinfo.hiv.gov/en/guidelines/adult-and-adolescent-arv/adolescents-and-young-adults-hiv?view=full

² http://paetc.org/resource-item/paetc-hiv-essentials-and-quick-hiv-clinical-guides-on-hiv-testing-pep-preprapid-art-and-hiv-primary-care/

³ https://ucsf.app.box.com/s/0j6d5rnyd3s5z3213rkf4640gcbvpodc

⁴ https://www.denverpublichealth.org/clinics-services/hiv

https://www.childrenshospitaloakland.org/main/departments-services/hiv-aids-55.aspx

⁶ https://whatworksinyouthhiv.org/



IMPAACT7

International Maternal Pediatric Adolescent AIDS Clinical Trials Network is a global collaboration of investigators, institutions, community representatives, and other partners organized for ending the worldwide HIV epidemic among pregnant and postpartum women and infants, children and adolescents, our specific populations of interest.

ATN (Adolescent Medicine Trials Network for HIV/AIDS Interventions⁸

The ATN research program aims to defeat the HIV epidemic among adolescents and young adults in the United States. ATN is led by investigators with innovative thinking and novel approaches to increase awareness of HIV status in youth and, for those diagnosed with HIV, increase access to health care.

Pre-Exposure Prophylaxis Resources for Youth

Proud to be Prepped⁹

This link is to an advertising campaign launched in 2017 called "Proud to be Prepped," based in Colorad. The campaign and program are no longer active, but the content is available on YouTube and is still relevant, minus references any information on Descovy.

Pleaseprepme.org¹⁰

A great resource for patients who want more info about PrEP, as well as folks who want to find PrEP providers near them. They have a fantastic <u>PrEP Navigator Training</u>, too.

PrEP Patient Handouts

At UCSF Benioff Children's Hospital, the PrEP program found that a lot of the existing patient resources around PrEP had a lot of assumed knowledge about HIV (how it's spread, etc.) that our particular patient population had never received. The following resources were developed by Ezra Bisom-Rapp to help synthesize information about PrEP for an adolescent audience.

- PrEP Patient Info Handout¹¹
- Prep 2-1-1 Info Handout 12 (explaining 2-1-1 Prep dosing)

⁷ https://www.impaactnetwork.org/

⁸ https://atnweb.org/atnweb/

⁹ https://www.youtube.com/channel/UCWm-RYBBwQlcXfQCgpTUWyg

¹⁰ https://pleaseprepme.org/

¹¹ http://tiny.ucsf.edu/prepinfo

¹² http://tiny.ucsf.edu/211prep



Other HIV Resources for Youth

NeedyMeds - Retreats, Camps and Recreational Programs for HIV/AIDS¹³

A Resource List of retreats, recreational programs and summer camps. Search filters are available by particular age group, including adolescents.

H.Y.P.E. to Empower, Inc.¹⁴

H.Y.P.E. is an HIV services and youth advocacy organization charged with building and growing programs that empower youth to succeed individually and to become leaders who are ages 13-29.

East Bay Getting to Zero Youth Catalyst Team¹⁵

In the East Bay Area, CA, this is a youth led and operated program which honors youth as the experts of their lived experiences as well as key agents in the process toward creating sustainable changes in HIV healthcare services for all youth and young adults. The website also includes valuable resources on COVID-19.

Discord¹⁶

A chat and video application frequently used by youth to communicate with each other as an alternative to Facebook.

3

¹³ https://www.needymeds.org/camps.taf?_function=list_disease&disease_id=106&disease=HIV/AIDS

¹⁴ https://www.hype2empower.org/

¹⁵ https://www.ebgtz.org/

¹⁶ https://discord.com/